



OTHER INFORMATION

MEDICAL

Medical assistance will be available throughout the camp. Be sure you have your OHIP card number and other medical information with you.

RESIDENCE

We will be sleeping at Laurentian University in a student residence (map included) and you have been paired with a roommate for the five nights in Sudbury. Some activities will take place on campus and there will be a curfew in place for each evening. We are guests of Laurentian University, and how we care for the rooms and the property will influence decisions on future camps. The rooms are not air-conditioned but excessive heat has never been a problem in Sudbury, however, you may wish to bring a fan for your room.

CURLING ICE

Our on-ice activities will take place at nearby Countryside Arena where the large ice surface will give us lots of room for instruction. It is an excellent facility with meeting areas for our off-ice activities. All of us will spend a significant part of each day at the arena and on the ice.

MEALS

Most of our meals including: breakfast (8:00am), lunch (12:00-/1:00pm) and dinner (6:00pm) will be served at Laurentian University. Please bring your personalized water bottle this year. There are plenty of water fountains for you to fill up your water bottles daily.

PHYSICAL EDUCATION ACTIVITIES

We have two certified Physical Education teachers as part of our staff. They are planning a full activity period for you each day. You will be involved in a number of fun sessions, which could include softball, volleyball, soccer, tennis, orienteering, cooperative group games, and swimming in an Olympic sized indoor swimming pool. We will be outside for the other activities on most days, rain or shine, hot or cold – so come prepared.

MONEY / VALUABLES

Your meals, accommodations, activities, and camp travel are all included in the cost of the camp. Your need for extra money will be minimal but could include extra pictures, go-carting on Electives night and nutritional 'junk food.' We have never had a problem with theft in all our years of camp and trust that it will be the same this summer. We believe that curlers are a special group of people!

ELECTRONIC DEVICES

Laptops, iPods, etc, are quite acceptable for your rooms, but large stereo equipment, gaming equipment, etc. is not wanted at the camp or in the residences. Please do not bring them.